

**John C. Gienapp Award  
for Distinguished Service**



The John C. Gienapp Award for Distinguished Service honors those that have dedicated themselves to graduate medical education and have made outstanding contributions to the enhancement of residency education and ACGME accreditation activities.



**Carol Ann Bernstein, MD**

Professor of Psychiatry and Neurology  
New York University School of Medicine  
NYU Langone Health  
New York, New York

**Nominators had this to say:**

“In 2009, Dr. Bernstein was a co-author of an article in the Journal of Graduate Medical Education that focused on burnout in residency programs. At that time, the literature review that Dr. Bernstein evaluated identified burnout as a serious issue in all stages of medical education and in practicing physicians. She recommended that educators develop strategies for physicians and trainees to identify burnout and interventions to overcome burnout. In 2013 Dr. Bernstein was a coauthor of an article on burnout in medical students, advocating that academic leaders make medical student wellness a priority. Two years later, Dr. Bernstein coauthored an article in JAMA Psychiatry with very specific guidelines to promote mental health among residents and fellows in the areas of education, screening and treatment. Many of these recommendations are now being proposed as part of the revision of the Common Program Requirements.”

“[Dr. Bernstein] has spent her entire career engaged in the education and mentorship of the next generation of physicians in addition to maintaining a clinical practice in general psychiatry at the New York University School of Medicine.”

